

THE 10 PILLARS

Four phases. Ten foundations. One *direction*.

PHASE I

Foundation & Circle Building**01 Genius-Level Self-Awareness**

Know your strengths, weaknesses, and patterns cold.

02 Spiritual Grounding & Growth

Deepen your connection to purpose, faith, or higher meaning. Cultivate inner peace and wisdom.

03 Pick Your Chosen Few

Begin surrounding yourself with people who challenge and elevate you.

PHASE II

Strength & Ownership**04 Turn Trauma into Power**

Use pain and failure as rocket fuel for growth.

05 Armor Up Physically & Mentally

Build a strong, healthy, resilient body and mind through training and recovery.

06 Relentless Evolution

Never stop improving your mind, body, and skills while taking full ownership of your life and impact.

PHASE III

Application & Mastery**07 Wit, Resilience & Social Mastery**

Stay sharp under pressure and build strong, high-value relationships.

08 Redemption Through Action

Fix mistakes fast and keep moving forward.

PHASE IV

Higher Purpose**09 Legacy Over Ego**

Focus on long-term impact instead of short-term validation. Will this last 10 years?

10 Live Life to the Fullest

Work hard, play harder. Enjoy the adventure, relationships, experiences, and fun that make it all worth it.